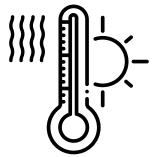


B1 Heatwave advice

Video lesson



EXERCISE 1

DISCUSS THE QUESTIONS BELOW.

1. What is the highest temperature you have ever experienced?
2. How hot was it?
3. Where was it?
4. How did you deal with the heat?

EXERCISE 2

LOOK AT THE THINGS YOU COULD DO WHEN IT IS HOT OUTSIDE. DISCUSS WHICH OF THEM YOU DO.

- | | |
|---|---|
| <input type="checkbox"/> Don't drink alcohol | <input type="checkbox"/> Take breaks at work |
| <input type="checkbox"/> Don't eat heavy food | <input type="checkbox"/> Stay hydrated |
| <input type="checkbox"/> Use fans | <input type="checkbox"/> Eat ice cream |
| <input type="checkbox"/> Use air-conditioning | <input type="checkbox"/> Do water play |
| <input type="checkbox"/> Wear breathable clothing | <input type="checkbox"/> Take a cold shower or bath |
| <input type="checkbox"/> Close the curtains | <input type="checkbox"/> Cook in the morning |
| <input type="checkbox"/> Stay in the shade | <input type="checkbox"/> Use ice packs |

EXERCISE 3

WATCH THE VIDEO [HEATWAVE ADVICE FROM A DOCTOR](#) AND TICK THE METHODS OF DEALING WITH THE HEAT FROM THE EXERCISE 2 MENTIONED IN THE VIDEO.

EXERCISE 4

READ THE QUESTIONS BELOW. WATCH THE VIDEO [HEATWAVE ADVICE FROM A DOCTOR](#) AGAIN AND ANSWER THE QUESTIONS.

1. What are some groups of people who are at higher risk of overheating?

.....

2. Why is staying in a hot room with just a fan not effective in cooling you down?

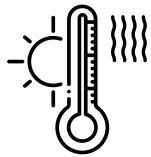
.....

3. What are some health risks of dehydration?

.....

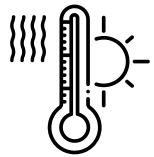
4. How can you keep children cool in hot weather?

.....



B1 Heatwave advice

Video lesson



EXERCISE 5 ANALYSE THE SENTENCE BELOW AND DISCUSS THE ANSWERS TO THE QUESTIONS.

You should never leave your children alone unattended in a car.

1. Identify and underline a modal verb in the sentence above.
2. Does the sentence express a good or a bad idea?
3. What verb form is used after the modal verb?
4. Rewrite the sentence above using the modal verb shouldn't.
5. What are synonyms of modal verbs of advice should and shouldn't?

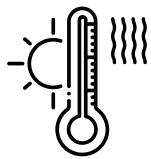
EXERCISE 6 USE THE IDEAS FROM EXERCISE 2 AND WRITE FIVE SENTENCES WITH SHOULD AND SHOULDN'T.

You should wear breathable clothing.

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....

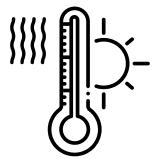
EXERCISE 7 WRITE QUESTIONS USING SHOULD.

1. take / warm clothes? - *Should I take warm clothes?*
2. wear / sunscreen?
3. get / health insurance?
4. wear / many layers?
5. carry / bottle of water with me?
6. go out / noon?
7. do / a lot / physical exercise?
8. wear / hat or cap?



B1 Heatwave advice

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EXERCISE 8 USING THE QUESTIONS FROM EXERCISE 7, COMPLETE THE SPEAKING TASK.

Student A: Imagine that you are going on holiday to a warm country. Using questions from the previous exercise, ask for advice about what to do and take with you on your holiday.

Student B: Imagine your friend is going on holiday to a warm country. Give them advice about what to do and what to take, using should and shouldn't.

Student B: Imagine that you are going on holiday to a cold country. Using questions from the previous exercise, ask for advice about what to do and take with you on your holiday.

Student A: Imagine your friend is going on holiday to a cold country. Give them advice about what to do and what to take, using should and shouldn't.

Student A: Should I take warm clothes?

Student B: No, you shouldn't. You should take breathable clothing.

Teacher's notes

Exercise 1. Lead-in

5 mins

As a group, think about the hottest weather you have ever experienced. Students share their stories, where they were and how they dealt with this situation.

Exercise 2 + 3. Listening for gist

10 mins

Go over the list of activities you could do to combat the heat. Students think about which of them they do and why they like them. Discuss if you would ever try the methods that you wouldn't normally do.

Once students are familiar with the vocabulary needed to complete the listening for gist, play the video [Heatwave Advice from a Doctor](#). Students tick the methods mentioned in the video.

Answers: *use fans (don't rely only on them), stay hydrated (make sure you're drinking lots and lots of water), use ice packs (have cool water packs, frozen water bottles so that it can thaw during the day), take a break from work, stay in the shade, use air-conditioning, do water play, eat ice cream (Popsicles are always a good option to keep them hydrated..)*

Exercise 4. Listening for detail

6 mins

Say that you are going to watch the video again. Read the questions and try writing the answers before the video. Play the video and check/answer the questions. Discuss the answers as a group.

Answers:

1. Old people and young children.
2. Being in a hot room that's just circulating hot air doesn't actually cool you, unfortunately.
3. Kidney issues and heart attack.
4. Do water play, drink water, eat popsicles.

Exercise 5. Grammar analysis

4 mins

Look at the sentence from the recording and analyse the use of modal verbs of advice (should and shouldn't). Analyse the structure and use it by answering questions 1-5.

Answers:

1. should
2. bad idea (should never - negative)
3. infinitive
4. You shouldn't leave your children alone unattended in a car.
5. should = ought to, shouldn't = ought not to

Exercise 6. Grammar practice

5 mins

Ask students to write five sentences using should and shouldn't. Use the ideas from exercise 2 to make the sentences. Check the sentences and correct any mistakes.

Students' own ideas.

Exercise 7. Grammar practice - question forms

5 mins

Explain that questions are formed by inversion. Look at an example and ask students to write seven more sentences using Should + I + infinitive. Check the answers and correct any errors as needed.

Students' own ideas.

TOTAL TIME: ~45 mins

Teacher's notes

Exercise 8. Pair speaking

7 mins

Put students into pairs. Student A imagines that they are going on holiday to a warm country and Student B imagines that they are going on holiday to a cold country. Students use questions from exercise 7 to ask for advice about what to do and take on holiday. Students give each other advice and explain why they think it's a good or bad idea to do so.

Error correction

3 mins

Provide speaking feedback.