



The Power of Music

Level B1 - Intermediate
Lesson 1

YOUR LISTENING HABITS



When do you listen to music?

- when studying
- when exercising
- when relaxing
- when travelling

Why do we listen to music in these situations?

IS MUSIC GOOD FOR US?

Discuss the benefits of music on our health.

Watch the video and check if your answers were correct:

1)

2)

3)



WHAT DOES IT MEAN?



Look at the two pictures and guess the word.
Listen to the recording and check the answer.

WHAT IS AN *EARWORM*?



Have you ever had a song stuck in your head?

What song was it?

THE POWER OF MUSIC

Decide if these statements are true or false.

Listen to the recordings and check your answers.



At restaurants, music can affect what we choose to eat and drink.



The music tempo influences how quickly (or slowly) we shop or eat.



Music does not create atmosphere in the movies.

DISCUSS THE STATEMENTS



1. Music does not influence me while shopping.
2. I can imagine the world without music.
3. It is good to listen to music while studying or working.
4. The lyrics are more important than the music.
5. Modern music is better than classical music.