

B2 - USE OF ENGLISH PART 3

AN INCREDIBLE VEGETABLE



DISCUSS



Would you say that you have a healthy diet?

Do you think that fruit and vegetables are good for your health?

What are some health benefits of vegetables?



<https://thumbs.dreamstime.com/z/fitness-fruits-vegetables-body-shape-muscular-bodybuilder-50151777.jpg>

Name these vegetables and nuts



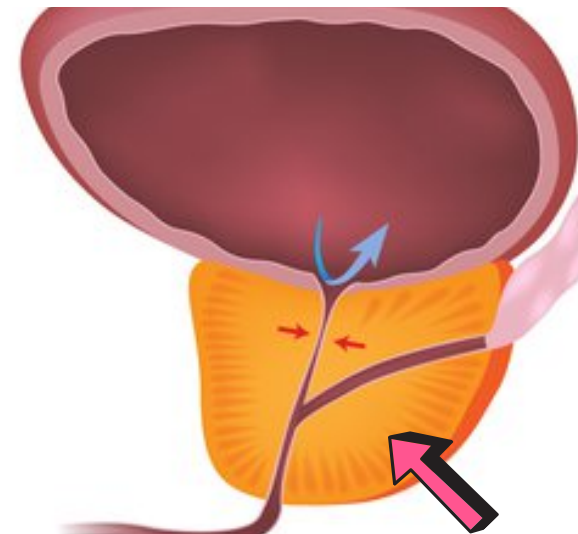
http://cdn.shopify.com/s/files/1/2275/0783/products/RawBrazilNut_1024x.jpg?v=1584711868

What body parts / organs do they resemble?

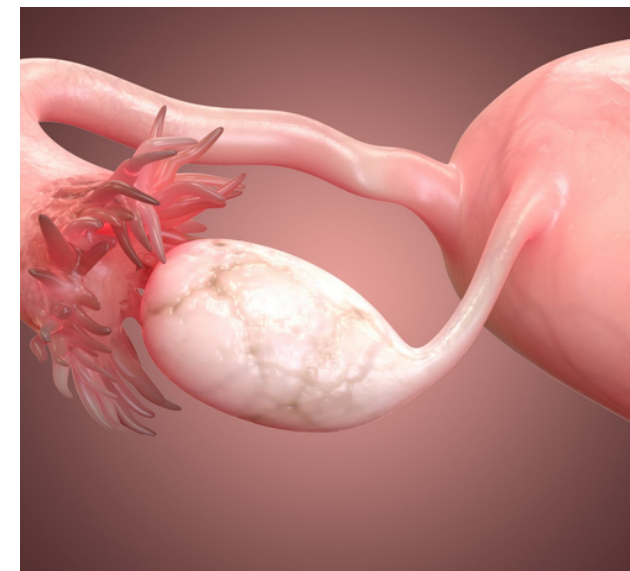


http://cdn.shopify.com/s/files/1/2275/0783/products/RawBrazilNut_1024x.jpg?v=1584711868

Match food items with the body parts / organs



<https://assets.nhs.uk/nhsuk-cms/images/CYFPRG.max-600x600.jpg>



<https://completewomencare.com/wp-content/uploads/2018/01/Ovaries.jpg>



https://www.brainline.org/sites/all/modules/custom/bl_brain/images/brain-lateral.png



<https://www.ediblemuseum.com/wp-content/uploads/2016/05/SH-6-scaled.jpg>

http://cdn.shopify.com/s/files/1/2275/0783/products/RawBrazilNut_1024x.jpg?v=1584711868

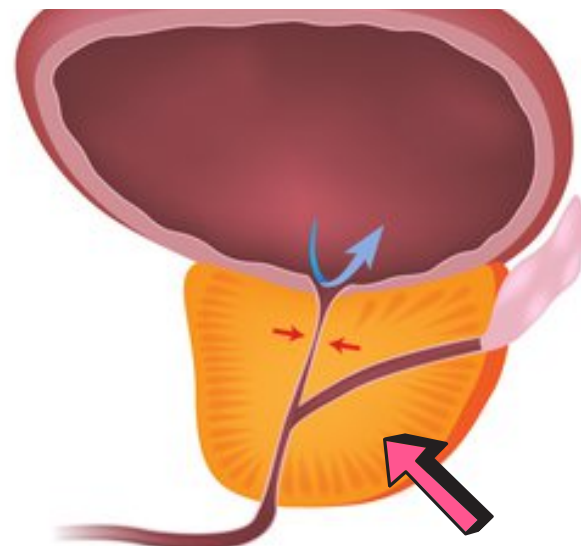
Match food items with the body parts / organs



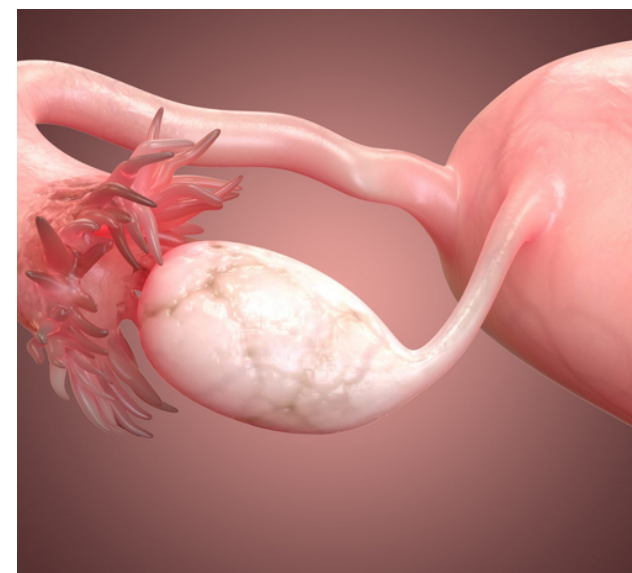
http://cdn.shopify.com/s/files/1/2275/0783/products/RawBrazilNut_1024x.jpg?v=1584711868

Watch the video and check your answers

<https://www.youtube.com/watch?v=9WxSExNZUcA&t=3s>



<https://assets.nhs.uk/nhsuk-cms/images/CYFPRG.max-600x600.jpg>



<https://completewomencare.com/wp-content/uploads/2018/01/Ovaries.jpg>



https://www.brainline.org/sites/all/modules/custom/bl_brain/images/brain-lateral.png



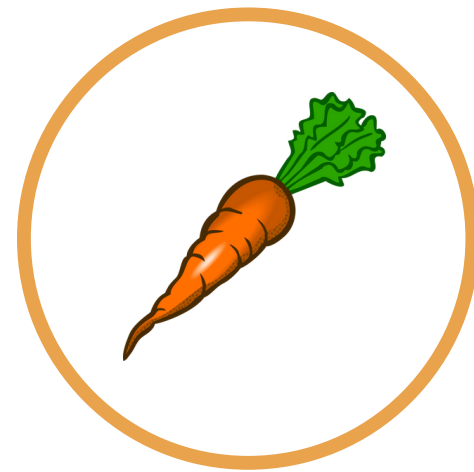
<https://www.ediblemuseum.com/wp-content/uploads/2016/05/SH-6-scaled.jpg>

WATCH THE VIDEO AGAIN AND WRITE THE HEALTH BENEFITS OF EACH FOOD ITEM

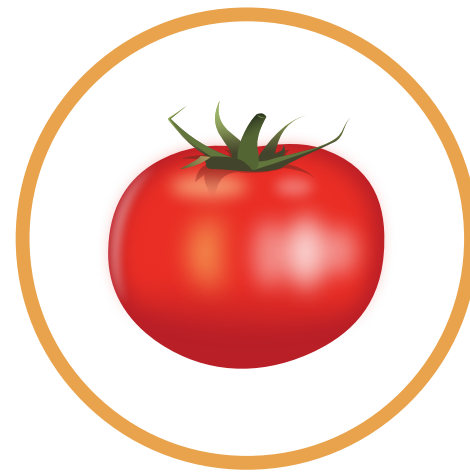
<https://www.youtube.com/watch?v=9WxSExNZUcA&t=3s>



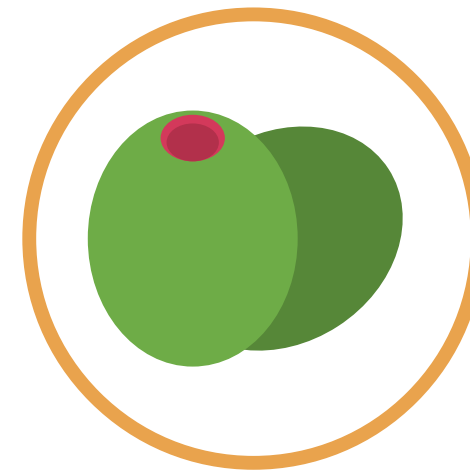
WALNUTS



CARROTS



TOMATOES



OLIVES



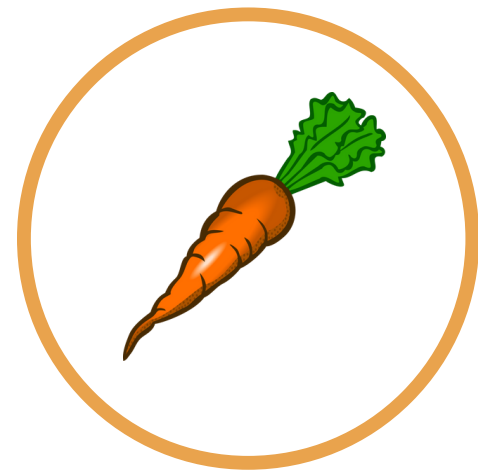
BRAZILIAN
NUTS

WATCH THE VIDEO AGAIN AND WRITE THE HEALTH BENEFITS OF EACH FOOD ITEM (ANSWERS)



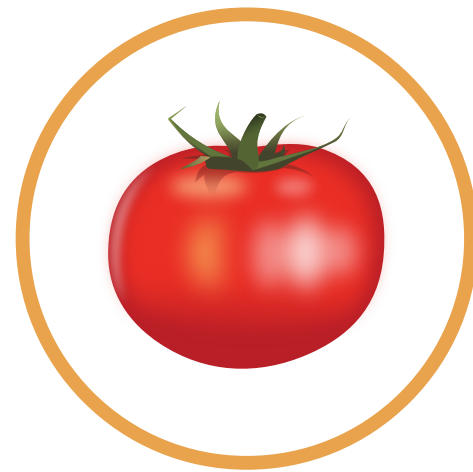
WALNUTS

- Help brain functions (memory, learning, behaviour)
- Protect against Alzheimer's disease and dementia



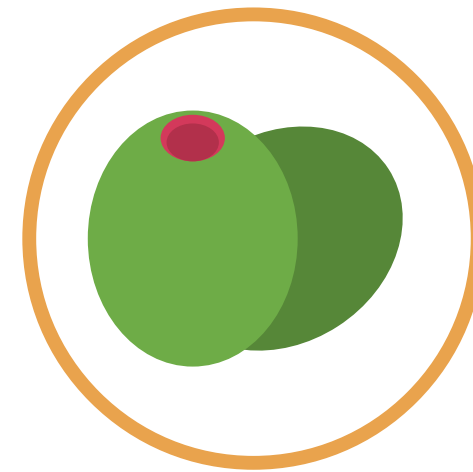
CARROTS

- Protect eyes from ageing and the environment
- Prevent cataracts and worsening eyesight



TOMATOES

- Lower inflammation and cholesterol levels
- Reduce the risk of heart disease



OLIVES

- Improve fertility in men and women
- Reduce the risk of ovarian cancer



BRAZILIAN NUTS

- Prevent prostate cancer
- Slow prostate cancer growth



WHAT IS THIS VEGETABLE?

Do you like it?

How often do you eat it?

What are the health benefits of this vegetable?

An incredible vegetable

Garlic, a member of the Liliaceae family which also includes onions, is (0) used in cooking all around the world. China is currently the largest (17) of garlic, which is particularly associated with the dishes of northern Africa and southern Europe. It is native to central Asia and has long had a history as a health-giving food, used both to prevent and cure (18) In Ancient Egypt, workers building the pyramids were given garlic to keep them strong, while Olympic athletes in Greece ate it to increase their resistance to infection.

The forefather of antibiotic medicine, Louis Pasteur, claimed garlic was as (19) as penicillin in treating infections. Modern-day (20) have proved that garlic can indeed kill bacteria and even some viruses, so it can be very useful for people who have coughs and colds. In (21) , some doctors believe that garlic can reduce blood (22)

The only (23) to this truly amazing food is that the strong and rather (24) smell of garlic is not the most pleasant!

**READ THE TEXT AND CHECK
YOUR ANSWERS**

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PREDICT THE TYPE OF
MISSING WORDS

DISCUSS THE POSSIBLE
OPTIONS FOR EACH GAP

PUT THE WORDS BELOW UNDER THE CORRECT HEADING.

HOW MANY WORDS CAN YOU FORM FROM EACH OF THESE BASE WORDS?

ADD
ADVANTAGE
COMMON
EFFECT
ILL
PRESS
PRODUCT
SCIENCE
SPICE

[illegible]

PUT THE WORDS BELOW UNDER
THE CORRECT HEADING.

HOW MANY WORDS CAN YOU
FORM FROM EACH OF THESE
BASE WORDS?

ADD
ADVANTAGE
COMMON
EFFECT
ILL
PRESS
PRODUCT
SCIENCE
SPICE

NOUN	VERB	ADJECTIVE	ADVERB
addition, additive	add	additional	additionally
advantage, disadvantage	-	advantageous, disadvantageous	advantageously, disadvantageously
-	-	common, uncommon	commonly, uncommonly
effect	effect	effective, ineffective	effectively, ineffectively
illness(es)	-	ill	ill
pressure	press	pressing, pressed	pressingly
product, production, producer	produce	productive, unproductive	productively, unproductively
science, scientist	-	scientific	scientifically
spice	spice	spicy	-

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COMMON

PRODUCT

ILL

EFFECT

SCIENCE

ADD

PRESS

ADVANTAGE

SPICE

COMPLETE THE EXAM TASK

For questions 17-24, read the text below. Use the word given in CAPITALS at the end of some of the lines to form a word that fits in the gap **in the same line**. There is an example at the beginning (0).

Example:

0	C	O	M	M	O	N	L	Y
---	---	---	---	---	---	---	---	---

BRAIN TEASER: Complete the SUDOKU grid using correct parts of speech

			product
	addition		
	effective		pressingly
	effect	pressure	